

### LINEASLIM® 3 METABOLISM ACTIVATOR

RECOMMENDED USE & SUPPLEMENT FACTS



## Push past your plateaus.

Lineaslim® 3 Metabolism Activator is formulated with key ingredients that have been shown to enhance the metabolism for optimal calorie burning and help increase energy levels during extended periods of caloric reduction\*.

The best weight loss programs are based on a healthy, balanced diet and moderate exercise to produce gradual weight loss. However, the body can adjust and adapt to changes over time, which can result in a "weight loss plateau".

Lineaslim® 3 Metabolism Activator offers nutritional support to help you stimulate and reset your metabolism to keep it in high gear for greater calorie burning, and to aid your body's natural processes for cellular energy production\*.

Lineaslim® 3 Metabolism Activator can be used alone, or in combination with Lineaslim® 1 System Cleanser and Lineaslim® 2 Nutrient Concentrate as part of a comprehensive nutritional support program for weight loss and maintenance.\*

# If using alone...

#### **RECOMMENDED USE**

As a dietary supplement, take 1 capsule with water twice daily, 30 minutes before a main meal. Taking before breakfast and again in the afternoon is recommended. For best results, use this product in combination with a low fat, reduced calorie diet and moderate daily exercise.

## If using with Lineaslim® 1 & 2...

### **RECOMMENDED USE**

Take product 1 and 3 with water 30 minutes before breakfast. (Optional: Repeat 1 and 3 in the afternoon, before 3:00 p.m. with a healthy snack.)

Take product 2 in lieu of lunch, dinner or both.

### WARNINGS

For adult use only. Keep out of reach of children. Talk to your doctor before adding to your diet if you have a medical condition and are taking prescribed medications. Do not exceed the recommended daily serving. *Please note that the ingredients in* this product many cause difficulty sleeping in some users. Taking after 3:00 p.m. is not recommended.

### Supplement Facts

Serving size 1 capsule Servings per container 60

#### **Amount Per Serving**

% Daily Value\*

Chromium (as chromium chloride) 60 mcg 100%\*

Lineaslim® Proprietary Blend 400 mg

Psyllium husk powder (*Plantago ovata*), Apple Cider Vinegar, Guarana seed extract (*Paulinia cupana*), Cascara Sagrada bark extract (*Rhamnus purshiana*), Garcinia fruit extract (*Garcinia cambogia*), Gymnema leaf extract (*Gymnema sylvestre*), Eleuthero root extract (Fleutherococcus senticosus) Inositol Choline Bitartrate Slippery Elm bark extract (*Ulmus rubra*), Cayenne Pepper (*Capsicum annuum*), Green Tea leaf extract (*Camellia* sinensis), Yerba Mate leaf extract (*Ilex paraguariensis*), L-Methionine, Cinnamon bark powder (*Cinnamomum* verum), Kola Nut seed extract (Cola acuminata). L-Tyrosine, American Ginseng root extract (*Panax quinquefolius*), Pau D'arco bark extract (*Tabebuia avallanedae*), and Alpha Lipoic Acid.

- \* Percent Daily Value is based on a 2,000 calorie diet.
- † Daily Value not established.

Other Ingredients: Gelatin and Water (capsule).

Allergens: This product does not contain any of the major food allergens: milk, eggs, fish, crustacean shellfish, tree nuts, wheat, peanuts, or soybean. This product is gluten free.

Manufactured in the USA for APAX USA, Inc. Castle Rock, CO 80104 USA For questions or comments call toll free 1 (888) 982-8651 or visit Lineaslim.com







